



## Wheat porridge with apple and mango

**SE/DK/NO Ingredienser:** vatten/vand, **veteflingor/hvedeflager/hveteflak** 12 %, laktosfri **grädde/laktosefri fløde**, äppelpuré/æblepuré/eplepuré 4,4 %, socker/sukker, rapsolja/rapsolie, jodsalt/salt tilsat jod, aromer/smagsstoffer, stabiliseringsmedel/stabilisator: E472e, modifierad majsstärkelse/modificeret majsstivelse, förtjockningsmedel/fortykningmidler: guarkärnmjöl och xanthangummi/guar- og xanthangummi. Kan innehålla spår av selleri, soja, ägg/æg/egg och senap/sennep.

**EN Ingredients:** water, **wheat** flakes 12%, lactose-free **cream**, apple puree 4,4%, sugar, rapeseed oil, iodized salt, flavorings, stabilizer: E472e, modified maize starch, thickeners: guar and xanthan gum. May contain traces of celery, soy, egg and mustard.

**FR Ingrédients :** eau, flocons de **blé** 12 %, **crème** sans lactose, purée de pomme 4,4 %, sucre, huile de colza, sel iodé, arômes, stabilisant (E472e), amidon modifié de maïs, épaississants (gomme de guar et gomme de xanthane). Peut contenir des traces de céleri, de soja, d'œuf et de moutarde.

**Category:** Wet meal

**Content:** 430 g

**Shelf life:** 36 months at an ambient temperature in a temperate climate or according to NATO Standard AMedP-1.11; Chapter 3 – Shelf Life.

**Storage:** Dry at room temperature.

**Nutritional values:**

Nutritional declaration	Per 100g	Per Pouch (430g)
Energy (kJ)	438 kJ	1883 kJ
Energy (kcal)	104 kcal	447 kcal
Fat	4.9 g	21 g
of which saturated fat	1.7 g	7.3 g
Carbohydrate	13 g	56 g
of which sugars	4.9 g	21 g
Fiber	1.0 g	4.3 g
Protein	1.6 g	6.9 g
Salt	0.36 g	1.5 g

For label example, see “Language of label instructions” document.

Example picture of product:



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