



Pasta Fusilli Pomodoro

EN Ingredients: Pasta (durum **wheat** semolina, salt) (**gluten**), tomato 17 %, palm fat, texturized **soy** protein, modified potato starch, pea protein, yeast extract, onion, salt, sugar, garlic, flavoring, oregano, curry, chili powder.

Lactose free

Category: Dry meal

Preparation:

- 1 Tear off the top and fold out the bottom
 - 2 Add 400 ml of boiling water (level H)
 - 3 Stir
 - 4 Re-seal, wait 10 mins
- Add more water if required.
Can be prepared using cold water, extend the time to > 30 mins

Content: 148 g

Shelf life: 48 months at an ambient temperature in a temperate climate or according to NATO Standard AMedP-1.11; Chapter 3 – Shelf Life.

Storage: Dry at room temperature.

Nutritional values:

Nutritional declaration	Per 100g (dry product)	Per Pouch (prepared)
Energy (kJ)	1739 kJ	2574 kJ
Energy (kcal)	414 kcal	612 kcal
Fat	14 g	20 g
of which saturated fat	8,6 g	13 g
Carbohydrate	54 g	79 g
of which sugars	13 g	19 g
Fiber	5,0 g	7,4 g
Protein	17 g	25 g
Salt	2,6 g	3,8 g

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Consumer contact Phone +46 (0)20-94 00 94